

The family cruise *packing guide*

A practical, flexible printable for packing the trip and your family.

Every family, sailing and itinerary is different. Use this guide as a thoughtful starting point, then adjust it for your cruise line, your forecast and the way your family actually travels.

EMBARKATION DAY BAG

The bag that stays with you

- ☐ Travel documents, identification and boarding passes
- ☐ Prescription and essential medications
- ☐ Wallet, phone or camera, and charger
- ☐ Sunscreen and a light layer
- ☐ Swimsuit and cover-up for embarkation day
- ☐ One change of clothes
- ☐ Diapering, toileting or feeding necessities
- ☐ Anything you cannot comfortably wait for

CHILD SPECIFIC NEEDS

What helps the kids feel settled

- ☐ Diapers, pull-ups, wipes or changing supplies
- ☐ Stroller, carrier or mobility equipment
- ☐ Favorite bedtime or comfort item
- ☐ Child medications and dosing tools
- ☐ Familiar cup or feeding supplies
- ☐ Favorite toys, books or quiet activities
- ☐ Sensory or accessibility supports
- ☐ Must-have or medically necessary snacks

FINAL NIGHT

Keep one small bag with you

Many cruise lines collect luggage left outside the cabin on the final night. If you choose to use this service, keep pajamas, toiletries, next-day clothes, documents, medications, chargers and valuables with you.

BEFORE YOU PACK

Check the current rules

Food, drinks and cabin accessories vary by cruise line and sailing. When you book with Allena Travel, I help you sort through what applies to your trip.



The cruise *packing list*

Start with your family's essentials, then adjust for your sailing and itinerary.

ESSENTIALS

- ☐ Required travel documents and identification
- ☐ Boarding passes
- ☐ Cruise luggage tags
- ☐ Prescription medications
- ☐ Wallet, payment cards and port cash
- ☐ Phone or camera
- ☐ Chargers
- ☐ Sunscreen
- ☐ Travel insurance information

HEALTH + TOILETRIES

- ☐ Daily toiletries and personal care
- ☐ Seasickness remedy
- ☐ Pain reliever
- ☐ Upset-stomach or anti-diarrheal medicine
- ☐ Cold and allergy medicine
- ☐ Anti-itch cream or bite relief
- ☐ After-sun care or aloe
- ☐ Vitamins
- ☐ Small first-aid kit
- ☐ Hand sanitizer or sanitizing wipes

CABIN COMFORTS

- ☐ Cruise-approved power strip
- ☐ Plug adapter
- ☐ Magnetic hooks
- ☐ Nightlight
- ☐ Bathroom odor spray
- ☐ Extra hangers
- ☐ Laundry bag or pop-up hamper
- ☐ Wrinkle-release spray
- ☐ Beach or pool bag
- ☐ Wet bag

CLOTHING + SHOES

- ☐ Daytime outfits
- ☐ Dinner or smart-casual outfits
- ☐ Dressier outfit(s) based on the formal nights for your sailing
- ☐ Evening or activity outfits
- ☐ Sweater or light jacket
- ☐ Underwear and socks
- ☐ Sleepwear
- ☐ Swimsuit(s) and cover-up(s)
- ☐ Sandals or flip-flops
- ☐ Closed-toe shoes for onboard activities or excursions
- ☐ Water shoes
- ☐ Dress shoes
- ☐ Sunglasses, hats and accessories

TRIP EXTRAS

- ☐ Refillable water bottle
- ☐ Ziplock bags
- ☐ Lanyard or adhesive phone pocket
- ☐ Bug spray
- ☐ Small excursion bag
- ☐ Goggles or snorkel gear
- ☐ Allowed beverages

YOUR EXTRAS

The little things that help your family feel prepared, comfortable and at home.

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



Pack for your *people*.

Every family is unique. Let's pack for yours.

01

TRAVELER NAME

CLOTHING

HEALTH + MEDICATIONS

PERSONAL CARE

SHOES

MUST-HAVES + OTHER

02

TRAVELER NAME

CLOTHING

HEALTH + MEDICATIONS

PERSONAL CARE

SHOES

MUST-HAVES + OTHER

03

TRAVELER NAME

CLOTHING

HEALTH + MEDICATIONS

PERSONAL CARE

SHOES

MUST-HAVES + OTHER

04

TRAVELER NAME

CLOTHING

HEALTH + MEDICATIONS

PERSONAL CARE

SHOES

MUST-HAVES + OTHER

05

TRAVELER NAME

CLOTHING

HEALTH + MEDICATIONS

PERSONAL CARE

SHOES

MUST-HAVES + OTHER

06

TRAVELER NAME

CLOTHING

HEALTH + MEDICATIONS

PERSONAL CARE

SHOES

MUST-HAVES + OTHER

